



**American Culinary Federation  
Southeastern Minn. Culinarian Chapter**



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**ACF Chef & Child Foundation Applications Due for Little Oscar Award**

The deadline for submitting ACF Chef & Child Foundation (CCF) Little Oscar Award applications has been extended to Jan. 31, 2006, for the Central, Northeast and Southeast regions. The ACFCCF Little Oscar Award recognizes those ACF chapters that put forth an exceptional effort to advancing the mission of the ACF Chef & Child Foundation in its fight against childhood hunger and malnutrition. Applications may be downloaded from the ACF Web site at [www.acfchefs.org/ccf/awards/liloscar.html](http://www.acfchefs.org/ccf/awards/liloscar.html). The national Little Oscar Award winner will be selected from among the four regional winners at the ACF national convention.

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**Deadline for Hermann G. Rusch Chef's Achievement Award Ballots Approaching**

A reminder to all chapters that the deadline for submitting the 2006 Hermann G. Rusch Chef's Achievement Award ballots is Jan. 27, 2006. Applications should be mailed to: ACF, Awards Coordinator, 180 Center Place Way, St. Augustine, FL, 32095. If you have any questions, contact the ACF Events Department at 800-624-9458.

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**Deadline for Discounted Registration Rate for Southeast Regional Conference is Jan. 31, 2006**

ACF members who plan to attend the 2006 Southeast Regional Conference in Savannah, Ga., should register by Jan. 31, 2006, for a discounted registration rate.

The conference, which is being hosted by ACF Savannah Area Cooks and Chefs Association, will be held at the Hyatt Regency Savannah in Savannah, Ga., Feb. 26-Mar. 1, 2006. For additional information, visit [www.acfchefs.org](http://www.acfchefs.org) and click on the Events link, then the Regional Conferences sublink.

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**Educators Clinics Available at ACF Regional Conferences**

The ACF Culinary Educators Clinic is presented by well-known author and educator Dr. Nancy Berkoff, CCE, AAC, chef instructor at the Los Angeles Trade and Technical College in Long Beach, Calif. The first session, "Planning the (Educational) Menu," will concentrate on writing as a communications tool and constructing an effective syllabus. The second session, "Tableside Instruction," will explore critical subjects such as culinary teaching styles, a teaching mystery basket and more. Participants should bring any materials they would like to share and discuss, such as textbooks or class outlines.

This full-day event, from 8 a.m. to 5 p.m., awards eight hours of continuing-education credit, which can be used for faculty development and ACF certification. The cost is \$125, which includes a voucher for lunch. Make checks payable to ACF and send completed registration forms and fees to: ACF, Education Dept., 180 Center Place Way, St. Augustine, FL, 32095, or fax to 904-825-4758. Contact the ACF Education Department at 800-624-9458 for more details.

**\*Refund policy:** Cancellations must be in writing and postmarked 30 days before each conference starting date for a full refund less a \$25 processing fee. No refunds will be available after those dates.

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### **NCR Seeks Chefs Who Exercise**

The *National Culinary Review* would like to hear from chefs who have strategies for staying fit and increasing their stamina in the kitchen. We're interested in formal (gym, trainer, etc.) and informal (yard work, walks, hiking, etc.) workout routines. We'd also like to hear from chefs who have begun to exercise and benefited from being more active. Please contact Ellen Birkett Morris at [morrisellen@bellsouth.net](mailto:morrisellen@bellsouth.net).

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